

PROJECT
PANKHURST

Sixth Form
Mentoring Scheme

Manchester
High School
for Girls





“What do you want to be when you finish university?”

is perhaps an all too familiar question for you as our Sixth Form students. While a number of you will have a clear idea about the path you wish to take, others will still be weighing up a world of possibilities and it's important to note that both of these stages are just fine!

Project Pankhurst, our new Sixth Form mentoring scheme, is designed to help you prepare for the world beyond academia. It is a forward looking initiative and not just about getting you on your university course of choice. The initiative will enable you to make a connection with a former pupil who will support you as you make decisions about your professional development in the broadest sense.

This booklet documents those members of the Manchester High alumnae community who have volunteered to mentor a current Sixth Former. Pay attention to the mentor's background and the level of support they can offer; due to geography lots of the mentoring partnerships we establish will be reliant on email, Skype and telephone contact, rather than face-to-face meetings.

“...make a connection with a former pupil who will support you as you make decisions about your professional development.”

At this early stage, a limited number of mentors are available so we may not be able to match everyone who is interested. As time goes on we hope more mentors will come forward. Please note, participation in Project Pankhurst is not compulsory and you will all receive ongoing HE and careers advice from the Sixth Form team.

If you would like to be considered for a mentoring partnership then please complete the form available from the Head of Sixth Form's office or the Development Team.

“...uphold the Pankhurst legacy of women supporting each other.”

The programme is called Project Pankhurst because the scheme enables our network of highly accomplished alumnae to uphold the Pankhurst legacy of women supporting each other. We greatly value the links we have with our alumnae so please remember these people have volunteered their time and will be representing Manchester High School for Girls. In the back of this booklet is some advice on how to be a great mentee and ensure both you and your mentor get the most out of the partnership.

If you have any questions, please do not hesitate to ask!

Mrs S Norton
Director of Sixth Form Studies

Miss PWood
Director of Development and Marketing

Project Pankhurst Categories

Advertising and Market Research

6-7

Lynsey Showman
Sarah Levy
Holly Fallows

Dentistry

7

Catherine Moshkun

Education

8

Danielle Cheetham

Engineering

8-9

Yvonne Barton
Kelly Moran

Finance and Property

9-12

Madeline Seddon
Natasha Butterworth
Lucinda Chow
Kate Lynott
Susheila Cox
Charlotte Orrell
Li-An Hardman

HR

13

Nicola Stout

IT

14-15

Rubi Sarong
Rosie Slater
Jane Scott
Lucie Butterworth

Journalism

16

Heather Skillen

Law

17-19

Lily Tomkins
Rachel McFarlane
Gemma Morgan
Fiona Morris
Ellie Hibberd

Leisure Industry

19

Frances Bentley

Medicine

20-22

Rashi Yadav
Farrah Sheikh
Susie Power
Holly Merrick
Avni Hindocha
Rachel Hines

Politics

23

Sally Hamwee
Jessica Lee

Science in Education

24

Gabrielle Brown
Judith Bennett

Space

25

Sima Adhya

Veterinary

25

Catherine Roberts

Advertising and Market Research



Lynsey Showman

Class: 1996
University: University of Birmingham
Degree Course: Geography
Job Title: Head of Quantitive Research
Company: Basis Research

Background Information:

I have 16 years experience of the market research industry. My team at Basis work on a wide range of consumer brands (BT, Tesco, Ray Ban, Aldo, Bupa, NBC Universal etc). We partner with these companies to help them grow their brands.

What's On Offer:

I'm really keen to offer mentoring that could include general advice on CVs and letters of application, work experience (although it would be in London) and career progression.



Holly Fallows

Class: 2004
University: Manchester School of Art
Degree Course: Design and Art Direction
Job Title: Creative
Company: McGarrybowen London

Background Information:

I am one half of a female creative team, this is rare in an industry still dominated by men. We also run the Cannes Lionness project which you can view here: www.canneslionesses.com.

What's On Offer:

I would be happy to have a conversation with my mentee about what they would find most useful. I am London based but I am sure we can work something out!



Sarah Levy

Class: 2006
University: University of Sheffield
Degree Course: Psychology
Job Title: Digital Business Director
Company: Maxus Scotland

Background Information:

I was really split between finding a career that catered for my passion for both the arts and sciences and have been really lucky to find a job that does just this! My work draws from a combination of imaginative thinking and strategic analysis. Creativity, maths, social and business skills are all essential. If girls are torn about the direction in which to take then the digital industry may be of real interest.

What's On Offer:

I'm currently based in Edinburgh so am restricted in terms of actually meeting up, however, I am happy to give advice on CVs, gaining work experience etc. via email, phone, Skype.

Dentistry



Catherine Moshkun

Class: 2009
University: Manchester Dental School
Degree Course: Dentistry
Job Title: Maxillofacial Senior House Officer
Company: Royal Preston Hospital

Background Information:

I have previously worked in Oral and Maxillofacial surgery at Wythenshawe Hospital and as of March 2017 will be working at Manchester Dental Hospital in Oral Surgery.

What's On Offer:

I aim to offer whatever level of mentoring the girls need; I can usually arrange work experience/personal statement and interview advice.

Education



Danielle Cheetham

Class: 2008
University: Coventry University
Degree Course: Psychology and Criminology
Job Title: Special Educational Needs Assistant
Company: St George's School, Edgbaston

Background Information:

I have undertaken an MSc in Child Social Development at Keele University.

What's On Offer:

To be agreed with student.



Kelly Moran

Class: 2004
Degree Course: Mechanical Engineering
Job Title: Lead Engineer
Company: Boeing

What's On Offer:

As much support as necessary!

Engineering



Yvonne Barton

Class: 1975
University: University of Birmingham
Degree Course: Civil Engineering
Job Title: Engineering Consultant
Company: Previously Vice-President, BG Group

Background Information:

I have worked in the international oil and gas industry for over 30 years as an engineer and senior executive. My work has taken me to many countries; at one time I was Regional Chairman of British Gas Asia Pacific (based in Singapore) and later President of British Gas Italy (based in Milan). I have also worked on oil rigs in the North Sea. I have a PhD in Geotechnical Engineering from Cambridge and am a Fellow of the Institution of Civil Engineers and a Fellow of the Royal Academy of Engineering.

What's On Offer:

I live and work in Italy, however with modern communications I don't see distance as a barrier. I can offer sessions via Skype and put mentees in touch with others in my network as I see appropriate.

Finance and Property



Madeline Seddon

Class: 2001
University: University of Warwick
Degree Course: Law and Business Studies
Job Title: Private Banker
Company: Citi Private Bank

Background Information:

I have worked in wealth management now for 12 years, starting off on the Coutts graduate scheme.

What's On Offer:

As I am London based, most of the mentoring will need to be done remotely (via phone or email). The work shadowing policies at Citi are very strict and centralised so I may not be able to offer anything hands on apart from advice on how to get ahead in the industry.



Natasha Butterworth

Class: 2001
University: University of Birmingham
Degree Course: Politics and French
Job Title: Executive Director of Strategic Change and Operations
Company: Commonwealth Bank of Australia

Background Information:
 Before joining the Bank of Australia two years ago I was a management consultant for Accenture, specialising in human capital management and change.
What's On Offer:
 As I'm based in Australia I'm happy to mentor via Skype and email as much as the student needs.



Kate Lynott

Class: 1990
University: University of Liverpool
Degree Course: Economics
Job Title: Pensions and Investments
Company: Laurence Anthony Associates

Background Information:
 After completing my MSc Business Economics at Manchester Business School I moved to London. I worked for Woolworths and Argos in marketing and advertising, product ranges, brand management and even set up the first online shopping propositions. Today, I am proof that a person can have as many lifetimes as they have the energy for; I am now back in Hale working in financial services (pensions and investments).
What's On Offer:
 When I first moved to London after university I was overwhelmed by the choice of career available and I hope Project Pankhurst is my opportunity to 'pay forward' my experiences. I can offer one-to-one advice and discussion as often as needed.



Lucinda Chow

Class: 2001
University: University of Nottingham
Degree Course: Law with South East Asian Law
Job Title: Graduate Trainee
Company: Lloyds Banking Group (Insurance Division)

What's On Offer:
 I am currently in Edinburgh on my eight month rotation, so for now mentoring would have to be via email or phone.



Susheila Cox

Class: 1987
University: University of Manchester
Degree Course: Biochemistry
Job Title: Chartered Accountant
Company: Spirit Data Capture

Background Information:
 I trained as a Chartered Accountant with KPMG.
What's On Offer:
 Any or all levels of mentoring.



Charlotte Orrell

Class: 2009
University: UCL
Degree Course: Geography
Job Title: Town Planner, specialising in prime London property
Company: Savills HQ (London)

Background Information:

Following my undergraduate degree, I took a Graduate Diploma in Law at BPP Law School and then studied for a Masters in Development Planning at Henley Business School, University of Reading. As you can see, I struggled to decide what to study after MHSG and put my hands in a few pots!

What's On Offer:

I'm based in London so mentoring would be easiest via telephone or email. I do come to Manchester once every six months so could potentially meet then.



Nicola Stout

Class: 1983
University: University of Salford
Degree Course: Personal Practice (Human Resources)
Job Title: Director of Human Resources
Company: Lime Pictures

Background Information:

Lime Pictures is an independent TV production company based in Liverpool and London. I have previously worked in Senior HR roles for the BBC, ITV and McCann Erikson. I completed my MBA in Business Administration from the Open University while at work.

What's On Offer:

I can offer advice on CVs and letters of application and have a wide range of contacts in the media and communication industries.



Li-An Hardman

Class: 2007
University: University of Leeds
Degree Course: Political Studies
Job Title: Marketing Manager
Company: Intercontinental Exchange, Singapore

Background Information:

I have worked in financial services for the last five years in Singapore, starting my career as a Money Broker of Asian interest rate swaps at the world's largest broking firm. In my current role I cover a broad range of clients across Asia Pacific, from banks and hedge funds to high frequency trading shops. I frequently travel to see clients in Hong Kong, Dubai and other South Asian countries.

What's On Offer:

Light touch guidance via email and Skype.

IT



Rubi Sarang

Class: 2012
University: Newcastle University
Degree Course: Civil Engineering
Job Title: Graduate Associate
Company: Informed Solutions

Background Information:

I undertook an MSc in Engineering Project Management at The University of Manchester and have recently started with Informed Solutions, a global digital transformation and tech consultancy.

What's On Offer:

Regular email and face-to-face catch ups. I definitely didn't know what I wanted to do when I left MHSG and would love to share my experiences.



Jane Scott

Class: 1981
University: University of Oxford
Degree Course: Mathematics
Job Title: Group Chief Information Officer
Company: Ferrero

Background Information:

I have spent 30 years in IT for FMCG companies (Mars, Coca-Cola and Ferrero). I am also a non-executive director for Kingston University and DMW Group.

What's On Offer:

I am passionate about encouraging more women to get involved in STEM careers. I live in Windsor and am travelling internationally 90% of the time but do visit Manchester regularly. I could offer occasional one-to-ones plus more frequent Skype/email/telephone support.



Rosie Slater

Class: 1995
University: University of Oxford
Degree Course: PPE
Job Title: Chief Information Officer
Company: British Red Cross

Background Information:

I head up a directorate of technologists at the British Red Cross and I can't imagine a more rewarding place to be. After my undergraduate degree I did a Masters in Informatics at Edinburgh straight afterwards. I started working for IBM and then moved into digital services for one charity, then another. I love being a technologist and am always happy to try and encourage more women into the field.

What's On Offer:

Whatever is needed! I live and work in London which may present a certain challenge but in the world of Skype this does not seem insurmountable!



Lucie Butterworth

Class: 1994
University: University of Birmingham
Degree Course: International Studies and German
Job Title: Associate Partner
Company: IBM Global Business Services

Background Information:

I have over 16 years experience of working in management consultancy. I undertook my Masters in Development Studies at SOAS University of London.

What's On Offer:

I live in London so telephone, Skype or email contact would probably work best. Face to face meet up would be possible in London or a one-off in Manchester.

Journalism



Heather Skillen

Class: 2003
University: University of Glasgow
Degree Course: MA in English Literature and History
Job Title: UK Editor
Company: Caters News Agency

Background Information:

Caters News is an international news provider. After obtaining my post-graduate qualification in journalism, I spent the first few years of my career as a crime reporter but am now responsible for a team of reporters covering news and feature stories for national newspapers, magazines and foreign publications.

What's On Offer:

I'd be more than happy to give advice about working in the industry to any students interested in print Journalism. I'm not Manchester based but would be happy to chat to students over the phone or via email as often as they wished.

Law



Lily Tomkins

Class: 2010
University: University of Warwick
Degree Course: Law
Job Title: Trainee Solicitor (qualifying as an associate in January 2017)
Company: Eversheds

What's On Offer:

Happy to offer as much as the student feels they need.



Rachel McFarlane

Class: 2002
University: University of Birmingham
Degree Course: Law
Job Title: Legal Manager (Operations, Legat and Secretariat)
Company: Santander UK

Background Information:

I qualified as a solicitor in 2009 having taken the Legal Practice Course at the College of Law, London.

What's On Offer:

I live in Wilmslow so could arrange to meet at school or locally as required. I am interested in offering all sorts of advice, from CVs to work shadowing.



Fiona Morris

Class: 2008
University: University of Leeds
Degree Course: International History and Politics
Job Title: Intellectual Property Solicitor
Company: Fieldfisher LLP

Background Information:

I studied International History and Politics at the University of Leeds from 2008-11. I then went straight into the law conversion course (GDL) during which I secured my training contract. I then took a year out before undertaking my LPC. I completed my training contract with Fieldfisher earlier this year and am now a qualified solicitor at the firm.

What's On Offer:

Current knowledge and experience of my area of work, advice and strategies for how to get ahead in the industry, general advice about CVs, letters of application etc.



Gemma Morgan

Class: 2001
University: University of Cambridge
Degree Course: Law
Job Title: Barrister
Company: Quadrant Chambers

What's On Offer:

I would be very happy to offer whatever mentoring would be of assistance to girls interested in pursuing a career in law and/or applying to Oxbridge. I taught Contract Law for two years at Cambridge and therefore have a good feel for what attributes they look for in candidates.



Ellie Hibberd

Class: 2000
University: Kings College Cambridge
Degree Course: Classics
Job Title: Senior Associate
Company: Employment Law firm in Exeter

Background Information:

After leaving school, I read Classics at King's College, Cambridge, graduating in 2003 with a 2.1. I completed the Graduate Diploma in Law and Legal Practice Course at Guildford College of Law, achieving Distinctions in both. From there, I moved straight to a training contract, qualifying at the firm I trained at in London. I changed firm after four years and then moved down to Exeter two and a half years ago.

What's On Offer:

Distance means that face-to-face mentoring would be difficult but I would be more than happy to offer support by email, phone or Skype and to give whatever advice I can.

Leisure Industry



Frances Bentley

Class: 2004
University: University of Edinburgh
Degree Course: MA History of Art
Job Title: Wine Director
Company: Individual Restaurant Group (Restaurant, Bar & Grill, Piccolinos and Gino D'Acampo)

Background Information:

After completing my Masters I undertook a Wine and Spirits Diploma and am in my second year of a Master of Wine qualification.

What's On Offer:

I've not taken a traditional career path but would be happy to offer any level of mentoring, from email to one-to-one sessions.

Medicine



Rashi Yadav

Class: 2012
University: University of Leeds
Degree Course: Medicine

Background Information:

I have completed three years of my medical degree and am currently intercalating in medical imagery to gain hands on experience.

What's On Offer:

Email and telephone mentoring; advice on getting onto a Medicine degree course.



Susie Power

Class: 2000
University: University of Sheffield
Degree Course: Medicine
Job Title: GP
Company: Women's Aid Manchester

Background Information:

As well as being a GP, I work closely with Women's Aid Manchester educating other doctors about the impact of domestic violence

What's On Offer:

There is unfortunately current restrictions on work experience at my practice. However, I would be more than happy to set up some initial meetings with a student and then work to email contact thereafter.



Farrah Sheikh

Class: 2001
University: University of Manchester
Degree Course: Medicine
Job Title: GP
Company: Working across Stretford

What's On Offer:

To be agreed with student.



Holly Merrick

Class: 2004
University: University of Manchester
Degree Course: Medicine
Job Title: GP
Company: St Johns Medical Centre, Hale

What's On Offer:

One-to-one mentoring and I would be happy to speak to my practice about work experience.

Politics



Avni Hindocha

Class: 2007
University: University College London
Degree Course: Medicine
Job Title: Doctor
Company: Barnet Hospital

Background Information:
After university I returned to Manchester to work at the MRI for two years. I then took a year out to travel and did my diploma in tropical medicine in Liverpool. I am now back in London training to be a paediatrician.

What's On Offer:
I am happy to talk to anyone who is unsure as to whether being a doctor is the right career for them. I still go through this mental battle frequently.



Baroness
Sally Hamwee

Class: 1966
University: University of Cambridge
Degree Course: Law
Job Title: Liberal Democrat politician, Lead Home Affairs Spokesperson
Company: House of Lords

Background Information:
I practised as a solicitor, in partnership, until 2000 and think my experience would best suit someone interested in politics and/or thinking of reading Law.

What's On Offer:
I am available for advice via email and would be happy to offer a little work shadowing in Westminster. However, please note that due to security restrictions this would be limited and the student would have to stick with me at all times.

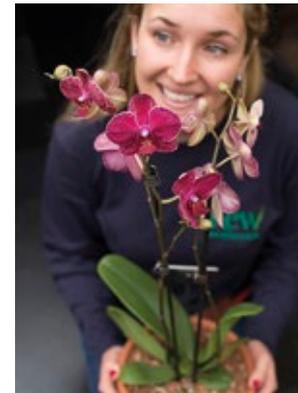


Rachel Hines

Class: 1996
University: Leeds University
Degree Course: Medicine
Job Title: GP
Company: GP Practice Crouch End, North London

Background Information:
Special interests are Women's Health and Paediatrics. Studied Medicine at Leeds University, completed House jobs in Leeds then moved to London. I am a GP Appraiser, appraising other GP's.

What's On Offer:
Happy to give email/phone advice.



Jessica Lee

Class: 2009
University: University of Oxford
Degree Course: Biology
Job Title: Assistant Private Secretary to the Government's Chief Scientific Advisor, Mark Walport
Company: Westminster

Background Information:
After graduating I worked in the University of Oxford's botanic garden and Royal Botanic Gardens, Kew as a botanical horticulturalist (specialising in conservation of plants from the tropical Americas and the dry tropics of Africa). Working with the government at Kew, I decided I wanted to be making the policy, not just implementing it, so took a new direction and now work at the science-policy interface which is a very exciting place to be!

What's On Offer:
Happy to help in any way I can.

Science in Education



Gabrielle Brown

Class: 2008
University: University of Nottingham
Degree Course: MSc Biology
Job Title: Scientific Researcher
Company: Azotic Technologies

Background Information:

I am working towards my PhD at the University of Nottingham. I study ecology, the environment and anything Biology related!

What's On Offer:

As I am based in Nottingham, face-to-face support may not be possible but I am always happy to answer emails. I do sometimes work at the University of Manchester so we could possibly arrange a meet up then. I may also be able to provide work shadowing but this would be based in Nottingham.



Judith Bennett

Class: 1975
University: University of York
Degree Course: Chemistry with Education
Job Title: Professor of Science Education
Company: University of York

Background Information:

I spent a number of years as a teacher of Chemistry and Physics while studying part-time for my MA and then a PhD in Science Education at King's College, London. I am particularly interested in encouraging young women to pursue careers in the STEM subjects and much of my research and professional activity related to this area.

What's On Offer:

Email mentoring, possible meetings in York.

Space



Sima Adhya

Class: 1995
University: University of Cambridge
Degree Course: Natural Sciences
Job Title: Head of Space
Company: Hamilton Insurance Group

Background Information:

I have a PhD in Astrodynamics from the University of Cambridge. Hamilton offers insurance to owners and operators of rockets and satellites. The satellites are usually communication (TV, internet or phone) or observation missions. We also insure spacecraft going to the International Space Station and even the occasional interplanetary mission.

What's On Offer:

I live in London, so face-to-face meet ups could be problematic, however, I would be happy to speak to a mentee regularly on the phone or via email.

Veterinary



Catherine Roberts

Class: 2013
University: University of Glasgow
Degree Course: Veterinary Medicine

Background Information:

Part-way through degree.

What's On Offer:

I am happy to give students thinking about becoming a vet as much information as I can as it is a competitive and challenging course to get onto. Mentoring would be via phone or email.

How To Be a Great Mentee

1. Don't expect the mentor to drive your bus

It's your future, not theirs. The focus of mentoring is on you, the mentee, therefore don't expect your mentor to do the hard work for you.

2. "Show Up" for the relationship

If you are matched with a mentor you should email them to introduce yourself and establish how often, and by what means, you should contact them.

Remember, your mentor is a volunteer and you should maintain healthy boundaries and respect. If you need to reschedule an appointment with them you should give at least 24 hours' notice.

3. Ask the right questions

Be prepared for the time you spend in contact with your mentor. Have a specific issue or idea that you would like to discuss. It doesn't have to be monumental, sometimes simple things lead to great discussions and insights.

That said, think about the types of questions you ask. For example, asking your mentor "What career should I go into?" is not appropriate as it is too open ended. They are not there to tell you what to do.

Asking something along the lines of, "I'm deciding between two potential courses, here are the pros and cons of each, what do you think?" is much better. It shows you have put the background work in and have possibly formed an opinion of your own. Nobody wants to mentor someone who asks a million questions but puts forth no ideas of their own.

4. Give back and get more

Share examples with your mentor of how you are benefitting from the relationship and always say thank you. Tell them what advice you have acted on, what worked and what perhaps didn't go so well; from this feedback your mentor will have a better idea of how to help you in the future.

Through the mentoring programme you are building a relationship with someone who could prove a useful contact throughout your career, not just your time at MHSG. Stay in touch; show an appropriate level of interest in their life. For example, if you see an article they would like, forward it to them. Do they have a blog? Keep up to date with posts and comment from time to time.

5. This is not about comfort zones

A mentor is not meant to make you feel comfortable about where you currently are in your life. They should challenge you. Sometimes you may present an issue to your mentor and from their response think they have not understood you. However, their response is simply from a totally different view point; be open minded.

6. Be you!

Remember, you don't need to act like your mentor. You are an individual with your own path to follow. Your mentor is simply there to share their experiences, resist the temptation to clone them. Your mentor will want to hear your opinions and know what makes you tick.

7. RUN through the doors that are opened for you

Don't meander, walk or skip through doors that your mentor opens: run through them! If they provide an introduction for you to a particular person, invite you to an event or even set you up with a job interview, seize the opportunity as soon as possible.

8. Remember, your mentor is not a therapist, best friend, parent or partner.

Don't use valuable mentoring time as an opportunity to have a moan, especially if you feel nobody else has listened to you! Be focused and positive to ensure you get the most out of exchanges with your mentor and leave them with a great impression each and every time.

If you have any questions regarding your mentoring partnership at any stage, you can speak with:

Mrs S Norton
Director of Sixth Form Studies

Miss P Wood
Director of Development and Marketing



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